



Blood, Sweat, and Kindness.

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Have you ever felt so different, after doing something nice or just plain old kind? From the kitchen to the bedroom, kindness is everywhere you look. No matter how small or big kindness is something we do every day without even noticing.

One random act of kindness I enjoyed doing was helping my parents BBQ and helping my mom in the kitchen. First I start outside on the grill helping my dad. We start the hot blazing fire to get started then I put the chicken, hamburgers, ribs, and hotdogs on. Then numerous I would flip them, take them off, or even put more food on. Then after a while I would go inside to cook mac and cheese for a side dish. Because the smoke was getting in my eyes and it was getting hard to see. Then later, when all the food is done, I would start to serve everyone as they start to get cleaned up and ready to eat.

Another random act of kindness I often do is help my brother clean his room. First my older brother and I help carry his brand new dressing table up countless numbers of stairs. Then I got cut from trying to move his bed frame from ones side to another. But as we lift up his bed you instantly see dirty and unusual things everywhere. Things you never thought that you would have imagined were under this bed. Then we had to get rid of the unwanted and small clothes. There were mountains and mountains of clothes that he didn't need so we had to get rid of them.

No matter where you look kindness is everywhere. The smallest thing you do can make a big difference in someone's life. Or even brighten up a person's day.

